



CITY OF DURHAM
Durham Parks and Recreation
101 CITY HALL PLAZA
DURHAM, NC 27701



For Details, Contact:
Cynthia Booth
Public Affairs Specialist
(919) 560-4355 ext. 27223
(919) 389-4941 (cell)
Cynthia.Booth@durhamnc.gov

**PUBLIC SERVICE
ANNOUNCEMENT**

Parks and Recreation Department

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“Get Your Play On” with Durham Parks and Recreation

Durham Celebrates Park and Recreation Month This July

DURHAM, NC - This July, residents can discover the power of play in Durham as we celebrate Park and Recreation Month. Summer is here and it’s time to “Get Your Play On.”

Park and Recreation Month is a National Recreation and Park Association (NRPA) initiative designed to encourage residents to take advantage of the park and recreation programs and activities available in local communities throughout the country.

This month, DPR invites residents to connect with nature, enjoy play, foster new relationships, get fit, and stay healthy. Residents can visit DPRPlayMore.org for a list of ways to play during the month of July.

“Durham Parks and Recreation (DPR) is dedicated to connecting the whole community to wellness, the outdoors and lifelong learning,” said DPR director Rhonda B. Parker. “Whether you take a dip in the pool, attend a concert or movie in the park, participate in the Fun Caravan or simply discover nature, there are hundreds of ways to ‘get your play on’ in Durham.”

NRPA is celebrating the month by hosting a weekly contest encouraging people to show why play is so important in their lives. Click [here](#) for more information on how to participate. Entries can be

submitted via the hashtag #NRPAPlayChallenge. NRPA also encourages all people that support parks and recreation to share why they think play is so important with the hashtag #PlayOnJuly.

Click [here](#) for information about the importance of play. For a list of DPR programs, activities and events, visit DPRPlayMore.org or call 919-560-4355.

About Durham Parks and Recreation

Durham Parks and Recreation provides opportunities for the Durham community to Play More by connecting our whole community to wellness, the outdoors, and lifelong learning. To learn more about Durham Parks and Recreation, visit us [online](#), follow us on [Facebook](#), [Twitter](#), and [Instagram](#), or call 919-560-4355.

About The National Recreation and Park Association

The National Recreation and Park Association is a national not-for-profit organization dedicated to ensuring that all Americans have access to parks and recreation for health, conservation and social equity. Through its network of nearly 60,000 recreation and park professionals and advocates, NRPA encourages the promotion of healthy and active lifestyles, conservation initiatives and equitable access to parks and public space. For more information, visit www.nrpa.org. For digital access to NRPA's flagship publication, *Parks & Recreation*, visit www.parksandrecreation.org.